



Leicestershire Partnership
NHS Trust

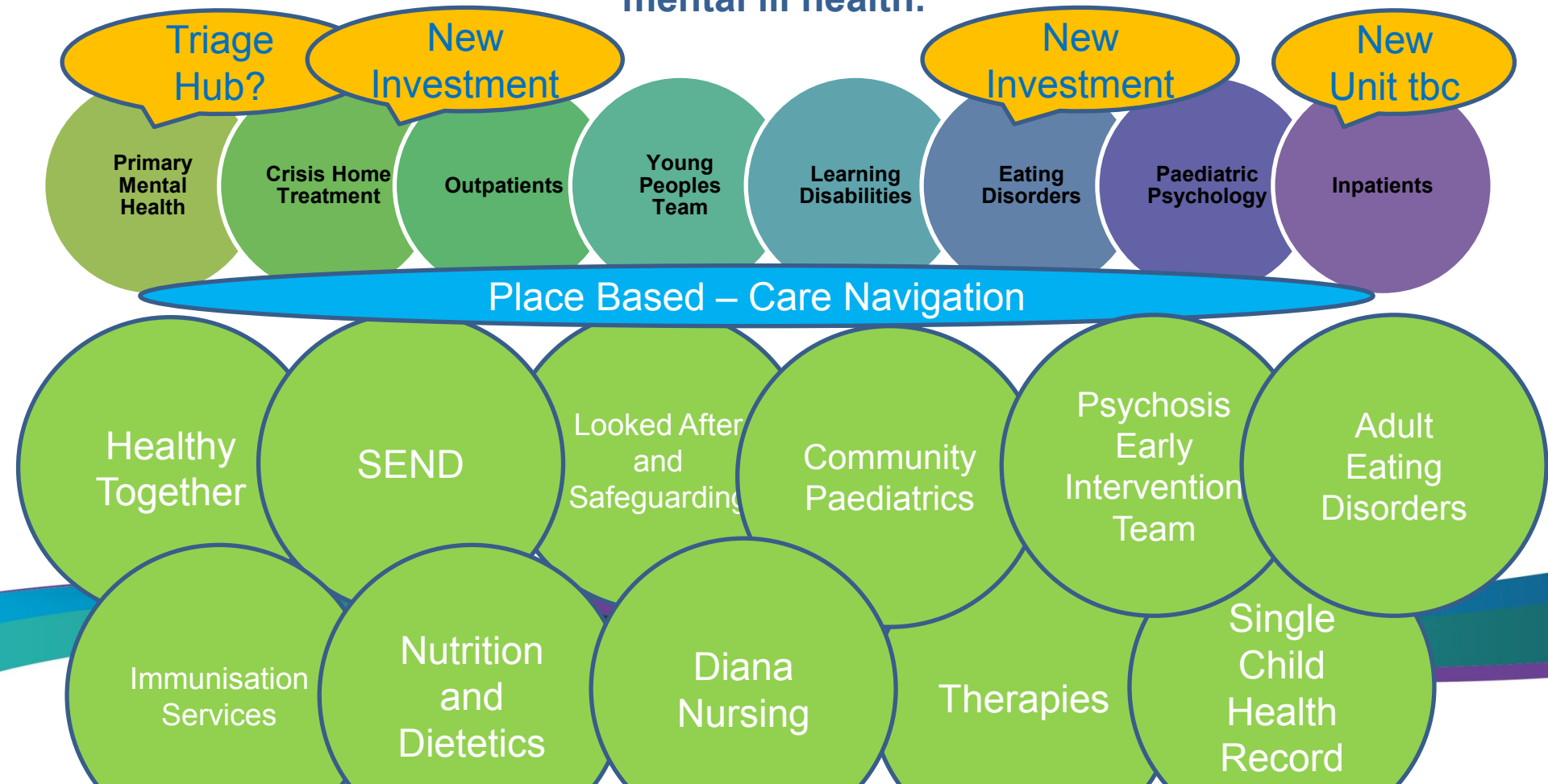
Specialist CAMHS



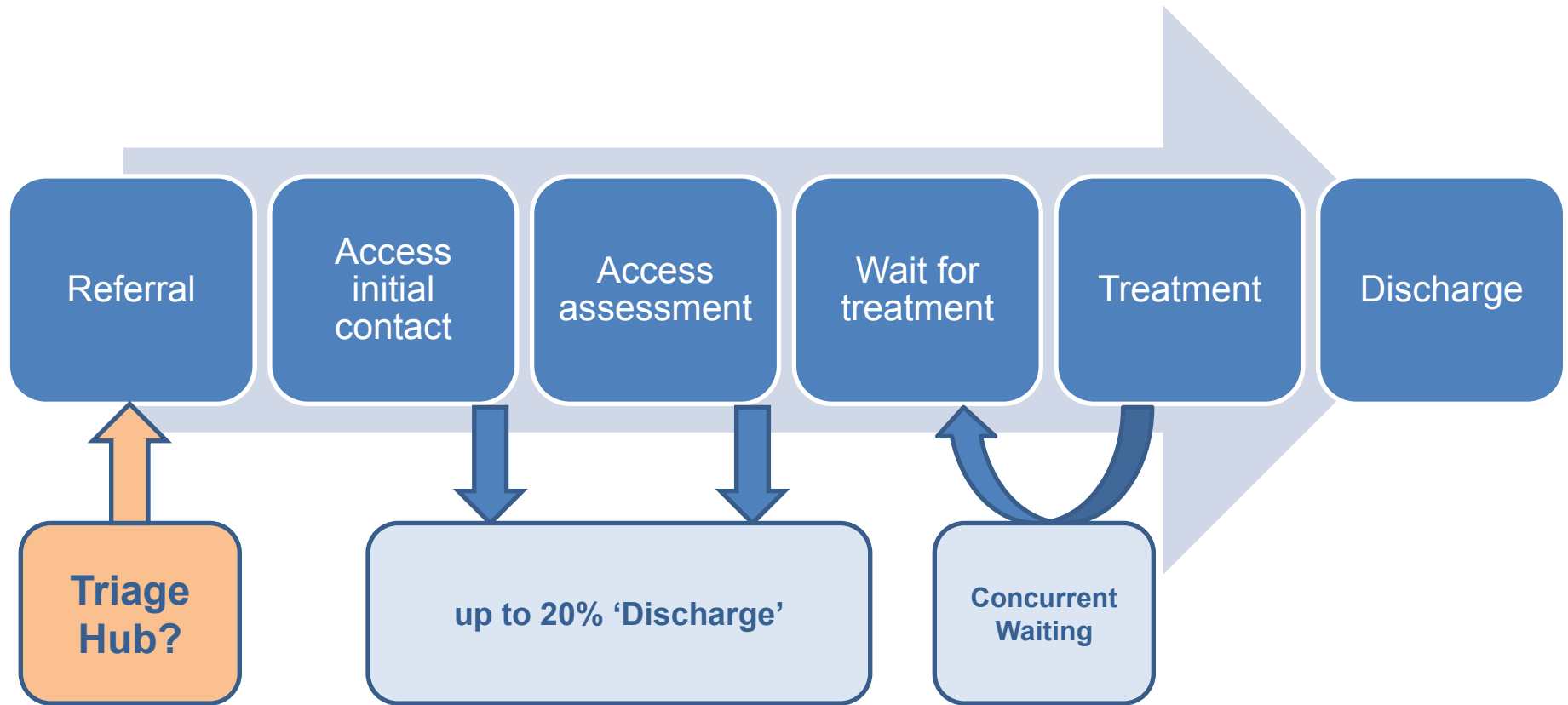
www.leicspart.nhs.uk

Specialist CAMHS

Within our Families, Young People and Childrens Directorate (FYPC) providing specialist mental health services for children and young people up to the age of 18 years who are experiencing moderate to severe mental ill health.



The Specialist CAMHS System



Principal Care Pathways

Crisis

**Eating
Disorders**

**Neuro
Development**

**Mood
Disorders**

Anxiety

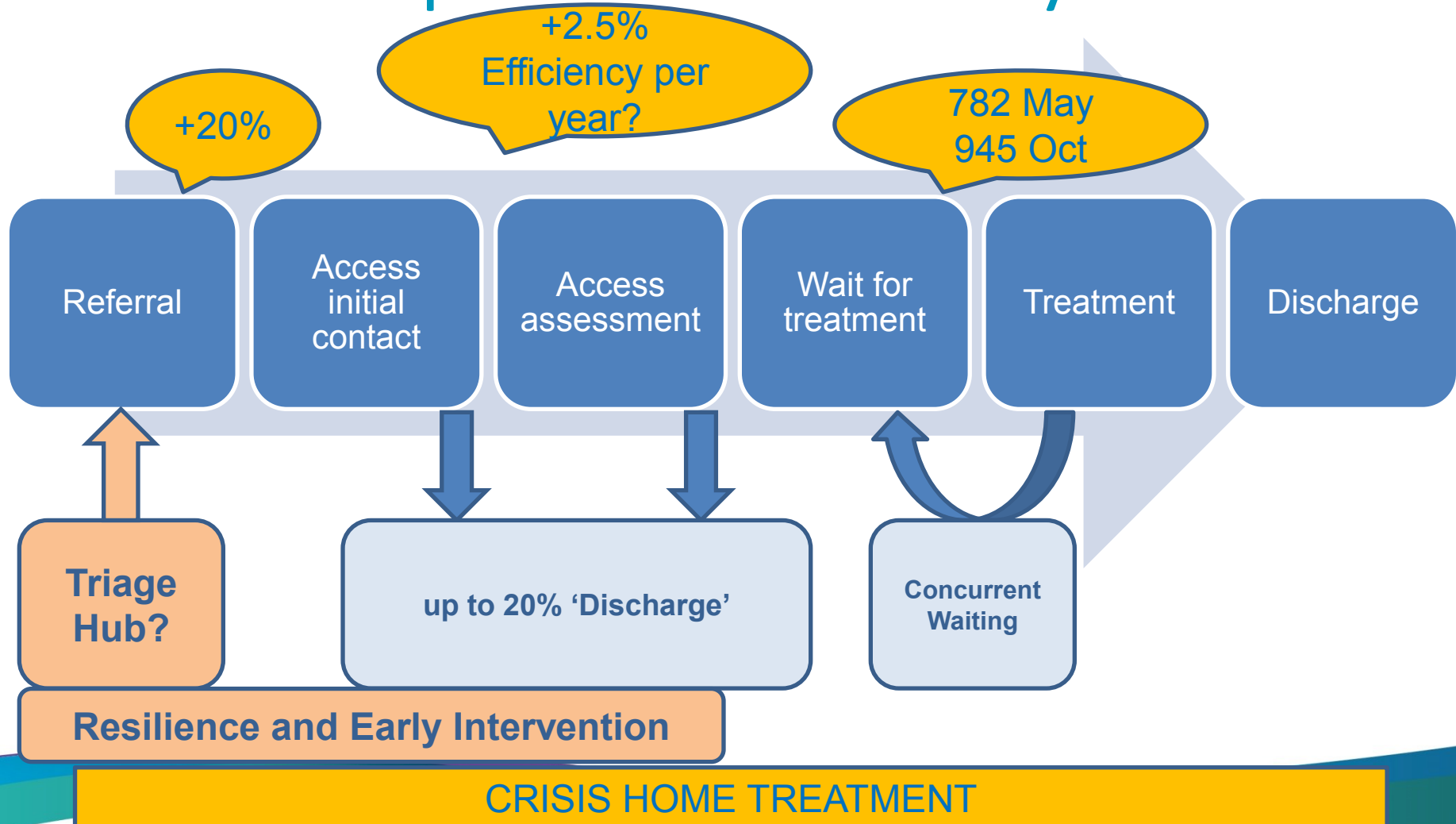
Psychosis

Service Developments

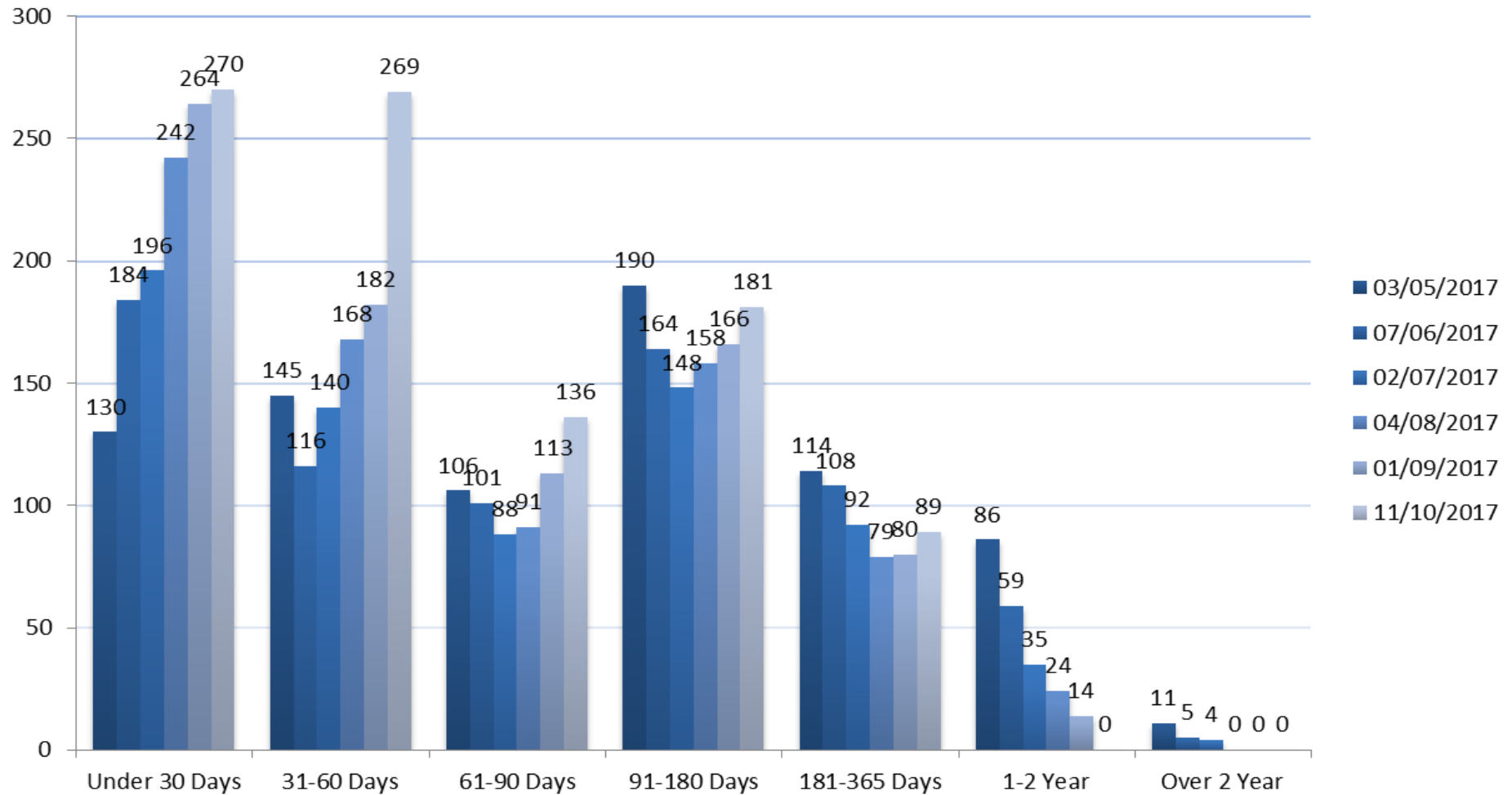
1. Eating Disorders Specialist CAMHS Service - April 2016
2. Access Team for Specialist CAMHS - August 2016
3. CAMHS Crisis and Home Treatment Team - April 2017



The Specialist CAMHS System

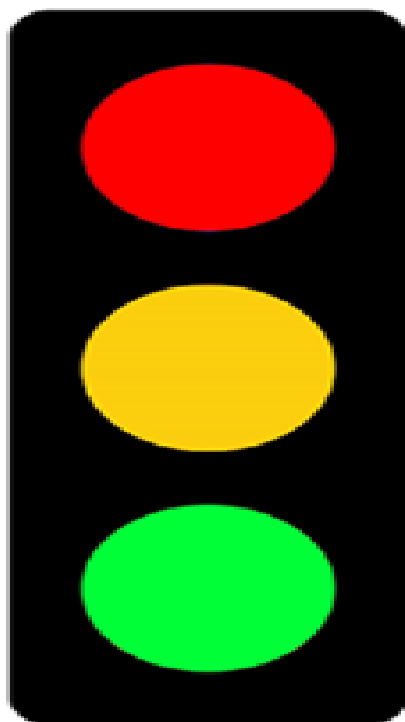


Waiting List Summary



Managing risk for those who wait: Traffic Light System Implementation

LPT Specialist CAMHS Traffic Light System



RED RAG RATING (Acute – High Risk)

- ☐ Presence of suicide attempt within the last 3 months, or persistent suicidal ideation with evidence of a plan and/or actual intent, and with limited protective factors.
- ☐ Severe or rapid weight loss associated with an eating disorder, or Height to Weight percentile < 2nd centile
- ☐ Presence of untreated psychotic features or suspected bipolar affective disorder.
- ☐ Presence of significant biological features of severe depression, including self-harm (e.g. cutting), suicidal ideation, or other risks (e.g. eating disorders with associated weight loss or physical sequelae).
- ☐ Severe risk of harm to others.

AMBER RAG RATING (High Routine – Medium Risk)

- ☐ Presence of one or two of the following: self-harm (e.g. cutting), fleeting suicidal ideation, eating disorders with associated weight loss or physical sequelae, and/or significant biological features of depression.
- ☐ Presence of self-harm (e.g. cutting), with no suicidal intent.
- ☐ Presence of sensory distortions resulting from dissociative phenomena.
- ☐ Moderate / severe depression or severe anxiety / OCD or PTSD when cases have been waiting for more than 6 months.
- ☐ Awaiting assessment for ADHD / ASD and engaging in dangerous behaviour or behaviour that makes them vulnerable to exploitation or risk-taking.
- ☐ Where mental health needs impact on daily functioning to the extent of restricting regular access to education / social interaction.
- ☐ Looked After Child or on Child Protection Plan Or Child In Need.
- ☐ Severe safeguarding concerns.

GREEN RAG RATING (Low Routine – Low Risk)

- ☐ Routine assessment for ADHD / ASD.
- ☐ Routine assessment / treatment of Tics.
- ☐ Emotional disorders awaiting treatment for less than 6 months.

CAMHS Improvement Programme

P1

- Recovery
- (March 17 – September 17)

P2

- Improvement
- (September 17 – Feb 18)

P3

- Transformation
- (Feb 18 – September 18)



Leicester City Demand and Performance

Patient Count	Month						
Service	Apr	May	Jun	Jul	Aug	Sep	Grand Total
Access	71	83	110	81	68	64	477
City Outpatient	13	35	40	28	51	66	233
Community Family Therapy	3	4	8	6	4	4	29
Crisis	36	41	36	27	26	31	197
Eating Disorders	3	3	5		5	3	19
Family Therapy	1		4			1	6
Inpatient Unit	2	1	3	1	1	1	9
Learning Disabilities	2	5	8	7	7	10	39
Paediatric Psychology	19	11	11	9	9	10	69
Primary Mental Health	8	8	3	3	1		23
Young Peoples Team (LAC)	8	8	10	10	8	5	49
Grand Total	166	199	238	172	180	195	1150

95% performance on 13 week access wait

No-one waiting over 12 months (reduction over 100+ patients who were waiting up to 2 years in March 2017)

So...

Investment

**Increasing
referral.
Unwelcome?**

**Increasing
efficiency**

**Overspending
& reducing
future financial
resources**

**Increasing
pressure in
service & on
staff**

**Prevention
& ambitious
improvement
programme**

**Opportunity
for
'Change in
Partnership'**

**Whole system
transformation
required**

Thrive



Thrive - Conceptual Framework

(Anna Freud National Centre for Children and Families and Tavistock and Portman NHS Foundation Trust)

i-Thrive – Supported Implementation Programme

(Anna Freud National Centre for Children and Families, the Tavistock and Portman NHS Foundation Trust), Dartmouth Institute for Health Policy and Clinical Practice (US) and UCL Partners)

Focuses on identified needs

Clarifies a distinction between treatment and support

Builds on individual and community support

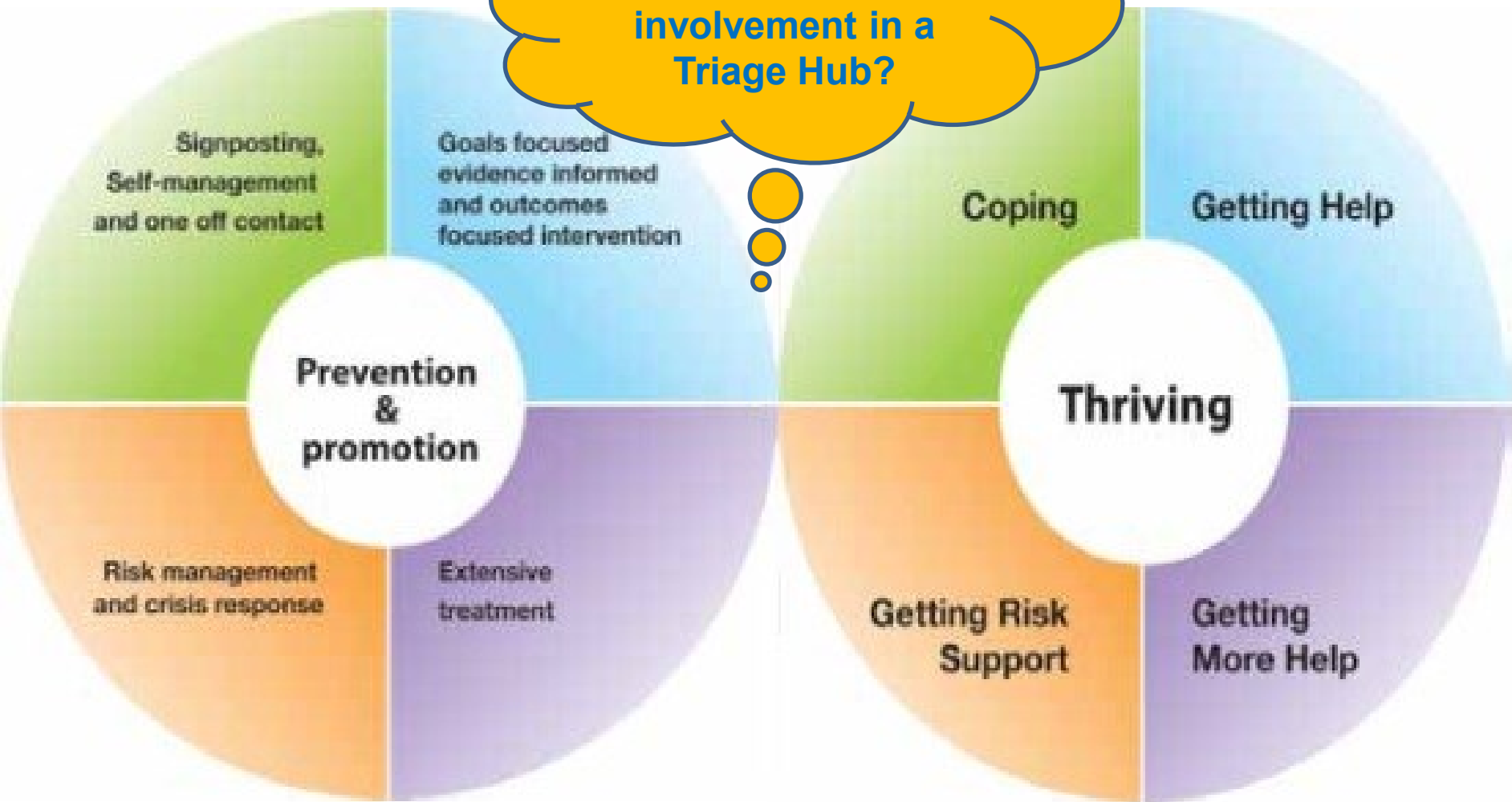
Ensures children and families are active decision makers



Input Offered

Early Help alignment
with Thrive and
involvement in a
Triage Hub?

Ups



Caring for young minds

Anna Freud  **Centre**

The Tavistock and Portman

NHS Foundation Trust





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